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| **Date** | **My Preferences and Needs** |
|  | * I have a history of heart attack and am at risk for experiencing another one.
* The following conditions contribute to my risk for heart attack:
	+ Heart disease
	+ High blood pressure
	+ High cholesterol
	+ Smoking
	+ High blood sugar due to diabetes
	+ Angina
	+ Family History of MI
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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| **Date** | **My Goals** | **Target Date** |
|  | * I hope to not experience another heart attack. My goal is to accept treatment and monitoring interventions to reduce my risk.
* I will report chest pain or discomfort immediately.
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| **Date** | **Support I Need** | **Discipline** |
|  | * I need reassurance and a quiet environment when experiencing chest pain.
* I need assistance with transportation to appointments with my cardiologist.
* I need diversionary activities to help me relax when I am upset.
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 | NursingNurse, SSNursing, Activities |
| **Date** | **Other Interventions** | **Discipline** |
|  | * Monitor for and report to nurse:
	+ Signs and symptoms of chest pain, pain radiating to my arm or neck, GI discomfort, shortness of breath, sweating, dizziness, fatigue
	+ Worsening of pain
* Report changes in pain location, type, frequency, intensity to physician.
* Provide comfort measures.
	+ Relaxation techniques
	+ Repositioning
	+ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Administer medications to manage my medical conditions as ordered by the physician.
* Invite, encourage, remind and escort to preferred activities consistent with my interests.
* Consult/ follow up with cardiologist as scheduled/needed.
* Provide specialized rehabilitation services as ordered
	+ PT
	+ OT
* Educate me and my family about comfort measures, analgesic medications, and discuss fears/concerns regarding pain, comfort, and disease process.
* Monitor vital signs and labs as ordered.
* Report abnormal assessment findings or lab values to physician.
* Diagnostic tests as per physician orders and notify of results.
* Administer oxygen as ordered by the physician.
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 | AllNurseNSG, SS, ActivitiesNurseNursing, ActivitiesNurse, SSRehabNurseNurseNurseNurseNurse |