Horse Racing Game Activity

**ACTIVITY PLAN:**

**Group Activity**

* Make the track as big as you have room for. Outline a large rectangle in tape on the floor, creating 6 squares at the start, and making the track at least 10 squares long (see below for example). If you wish to make a permanent track, apply tape to a large piece of green indoor/outdoor carpet.
* As residents arrive to activity, have them each pick 2 numbers between 1-6, and give them corresponding index cards.
* Roll the first die to determine which horse will move.
* Roll the second die to determine how many spaces the horse will move.
* Residents with the winning horse number on their index card get a prize!

**How its   
Done**

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Start

**Equipment**

* Increase gross motor skills
* Increase socialization
* Incite laughter and feelings of well-being
* Increase socialization

**Objective**

* 6 horses (directions to create horses on page 2)
* White or black tape
* Set of large dice
* Index cards numbered 1-6
* Indoor/outdoor carpet (optional)
* Prizes for winners (dollar store items work well)

**Size of Group**

* Any size group will work with this activity

**ACTIVITY PLAN:**

**Group Activity**

Horse Racing Game Activity:  
How to Create the Horses

* Bend the pool noodle about ¼ of the way from the top and tie twine/rope tightly around it, securing it to the rest of the noodle. This is the horse’s head.
* Place the felt sheet long ways, and cut a strip about an inch wide. Cut the ends into point for the ears.
* Slide the felt between the section of the pool noodle that is folded, pulling up so the ears are firmly in place. Glue if needed.
* Place the felt sheet long ways again, and cut a strip about 4 inches wide. Make the edges wavy, as this will be the horse’s mane.
* Hot glue the mane on the back of the horse’s head.
* Glue googly eyes on the horse’s face.
* Fill bucket with floral foam.
* Push dowel into bottom of pool noodle.
* Push dowel with pool noodle attached, into floral foam.
* Add numbers to each bucket, so that horses are identified for the game.
* You can get creative and decorate the horses anyway you want!

**How its   
Done**

* 6 pool noodles
* Twine or rope (for the bridle, that you can tie tightly)
* Several 8.5 x 11 sheets of felt
* Large googly eyes (2 for each horse)
* Low temp glue gun and glue
* 6 wooden dowels
* Floral foam
* 6 small/medium metal buckets

**Equipment**